

ACTIVITIES SIGHTSEEING RESTAURANTS HOLIDAY IDEAS UNMISSABLE

....

VISITOR'S GUIDE



www.lourdes-infotourisme.com

Courdes

GUIDE BOOK

L'INSPIRATRICE

LOURDES, SOURCE OF INSPIRATIONS



Famous and celebrated all around the world, Lourdes unveils itself for everyone wishing to discover it. Impregnate yourself of its unique and captivating atmosphere by discovering its iconic sites.

Its four sites will be the starting point of your journey to a complete change of scenery. The Sanctuary, the fortified castle, the Pic du Jer funicular and the lake, reveal the historical, panoramic, magical and bucolic aspects of the city. Whether you are fond of big thrills, of old stones, or of beautiful landscapes... You will be spoilt for choice.

Let yourself be guided by curiosity, Lourdes invites you to its discovery...

Enjoy your visit.

YOU WILL LOVE TO!

- Take part in the candle light procession in the Sanctuary, to feel the magic of the atmosphere (p 6).

- Wander about in the streets following Bernadette's footsteps, among the Middle-Ages remains (p. 17).

- Take the Pic du Jer funicular and discover a 360° panorama (p. 11)

- Go back in time by visiting the Fortified Castle and its Pyrenean Museum (p. 10).

- Enjoy the bucolic setting of the Lake, with its golf course and its nautical activities (p. 22-23).

- Save on your visits with our packages: "Pass 2L" (p. 11) and "Lourdes Pass" (p. 13).

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SPIRITUAL LOURDES

HISTORY OF LOURDES AND OF THE APPARITIONS

SOME HISTORY

Lourdes is located in the South-West of the "Hautes-Pyrénées département". It is a significant place, where landscape and history mix together. The silhouette of the Pyrenean chain is visible to the South with the Béout and Grand Jer summits close by. The "Gave de Pau" river which originates from Gavarnie, crosses the urban area of Lourdes and passes next to the Grotto of Massabielle before heading towards the Béarn region.

The Espélugues hollow provides evidence of the first inhabitants of the Bigorre region, as shown by the little ivory "horse" and the other tools and bones that were found there. The Gauls, the Romans, the Barbarians and the Moors successively fortified the rock on which the fortified castle and its keep are erected.

In the 17^{th} century, the incorporation of the Bigorre region into France (1607) reduced the importance of the citadel. It became a state prison and was kept by a small garrison.

At the dawn of the Apparitions, Lourdes was a humble country town with a population of 4,035 people. This small but pleasant town was a stoppingoff point for people taking the waters at a spa, such as Barèges, Cauterets, or Luz-Saint-Sauveur, as well as for the first hikers going to Gavarnie.

Before 1858 people passed through the town of Lourdes which was not of particular interest for travellers. After that date, it became a local pilgrimage centre, then a national and an international one.

WHAT HAPPENED IN LOURDES IN 1858

In the 19th century, Lourdes was one of the main places in the district with 4,035 inhabitants and situated on the banks of the "Gave de Pau" river. Mills were plentiful; in one of those, the Boly Mill, François and Louise Soubirous lived happily for 10 years together with their 4 children. The eldest was christened Marie-Bernarde but called Bernadette (born on January 7th 1844).

In 1854, the Soubirous family was reduced to extreme poverty: as a result of an accident at work, François lost an eye, he was falsely accused of having stolen two sacks of flour and he was sent to prison. The mill went bankrupt.

Bernadette had cholera and tuberculosis. She suffered the consequences throughout her life. The family had to leave the mill and in 1856 had taken refuge in a disused prison cell of 16m² called the "Cachot".

At 14, unable to read or write, not having made her First Communion, Bernadette was to have an extraordinary experience. On February 11th 1858, Bernadette, her sister Toinette and a friend, Jeanne Abadie, went looking for firewood in the grotto called Massabielle, beside the "Gave de Pau" river. While Toinette and Jeanne gathered wood, Bernadette heard a sound like a gust of wind.

That was the first apparition, 17 others were to follow. On July 4th 1866, Bernadette left Lourdes for Nevers where she entered, as a nun, the Convent of Saint Gildard. She died there on April 6th 1879, where her body still lies.

The legend of Lourdes:

In 778, Charlemagne came down from the Pyrenees as a victor. In Lourdes for long months, he fought the Saracen Mirat, who was occupying the castle. Just as famine and disease were rife, Mirat saw an eagle coming out of the blue sky which flew over the castle and let the huge trout he held in its beak drop at his feet. The Moorish chief took the fish and threw it over the ramparts. Thinking that the Moors still had food, Charlemagne immediately raised the siege. Converted to Christianity, Mirat took the name of "Lorus", which gave Lourdes its name.

RELIGIOUS FEASTS

February 11th Celebration of Our Lady of Lourdes.

St Bernadette's Day.

March 25th

April 14th

From 14 to 20 April

April 16th Anniversary of St Bernadette's death (1879).

April 21th Easter Sunday.

Ascension Thursday.

Anniversary of St Bernadette's First Communion.

July 16th Anniversary of the 18th and last Apparition.

All Saints' Day.

December 8th Immaculate Conception Day.



February 18th

Annunciation.

Palm Sunday.

Holy Week.

May 30st

May 31st Visitation Day.

June 3rd

June 9th Pentecost Sunday.

August 15th Assumption.

September 8th

Nativity of the Blessed Virgin Mary.

November 1st



IMPORTANT PILGRIMAGES

From April 18th to 28th HCPT Pilgrimage.

From April 27th to May 3th

From May 2th to 5th

From May 2th to 7th of the Order of Malta.

From May 11th to 12th Pilgrimage of Gregorian singers.

From May 17th to 19th International Military Pilgrimage.

Form May 30th to June 2nd Pilgrimage of the rugby of the

From June 22th to 23th

From August 11th to 16th (Assumption).

From August 16th to 25th Travellers Community Pilgrimage.

From September 17th to 21st Lourdes Cancer Hope Pilgrimage.

From September 19th to 23th Italian National Pilgrimage UNITALSI.

From October 1st to 5th Rosary Pilgrimage.

From October 12th to 13th International pilgrimage of cooks.

From October 18th to 21th Pilgrimage of the Bigorre.

THE SANCTUARY **OF OUR LADY OF LOURDES**

→ THE TORCHLIGHT PROCESSIO

- \rightarrow The Sanctuary of Our Lady **of Lourdes** is open all year round. The entrance is free of charge.
- \rightarrow The Grotto of Massabielle, site of the Apparitions, is located inside the Sanctuary.

Two periods mark its existence: - From April to October:

each day 22 places of worship allow for masses to be celebrated in many different languages. It is also possible to attend major celebrations like the International Mass. the Blessed Sacrament Procession in the afternoon (at 5pm) and the Torchlight Procession in the evening (at 9pm).

- From November to March: many services are also held each day such as masses, the Rosary... Over the Christmas period, torchlight saying of the rosary at the Grotto at 8.30 pm every evening.

Everyday

A free 30mn video on the history and message of Lourdes (at the Information Centre). Possibility to attend lectures (Message of Lourdes, Cures and Miracles...).



AVAILABLE AT THE TOURIST OFFICE OR THE INFORMATION CENTRE:

- The celebrations' schedule
- The map of the Sanctuary
- The map of the sites linked to Bernadette's life: the Cachot, the Paternal House, the Parish Church of the Sacré Cœur, the former Presbytery, the St Bernadette Museum, the Egalité Cemetery, the village of Bartrès.

SERVICES & INFORMATIONS

\rightarrow Candles and mass offerings

Giving thanks or asking for the graces. Place and light a candle in the Grotto, have a mass said on Our Lady of Lourdes. Service available on place or on the website:

www.lourdes-france.org Tel. +33 (0)5 62 42 78 78 bureau.dons@lourdes-france.com

\rightarrow The Sanctuary Bookshop

Wide range of books, videos, CDs, post cards, and pictures to continue your pilgrimage at home

Tel. +33 (0)5 62 42 79 61 librairie@lourdes-france.com

→ Radio «Présence»

The Christian Radio Station of the Diocese of Lourdes and Tarbes is broadcast on 90.6 FM. Each day the Rosary is broadcast live from the Grotto through satellite. Tel. +33 (0)5 62 42 80 30

FOR THE SICK:

Two centres provide accommodation for sick and disabled pilgrims, on their own or in organised groups.

→ L'Accueil Notre-Dame Tel. +33 (0)5 62 42 80 61

and-lourdes@lourdes-france.com

→ L'Accueil Marie Saint-Frai Tel. +33 (0)5 62 42 80 00 secretariat fndd lourdes@nerim fr

WELCOMING PILGRIMS

 \rightarrow The Youth Village Welcoming place and meeting

Avenue Monseigneur Rhodain Tel. +33 (0)5 62 42 79 95

→ Foyer Ave Maria and Maison Saint Pierre - Saint Paul Welcoming place, accomodation and catering in the Sanctuary Tel. +33 (015 62 42 79 98 jean-pierre.arla@lourdes-france.com

FOR THE VOLUNTEERS

 \rightarrow Volunteering

Open to anyone who would like to volunteer in the Sanctuary of Lourdes

Tel. +33 (0)5 62 42 79 04

→ Hospitalité Notre-Dame de Lourdes

Accueil Jean-Paul II Tel. +33 (0)5 62 45 60 57 hospitalite-lourdes@wanadoo.fr

→ Entraide Saint-Martin / Mutual Aid For every difficulty.

Tel. +33 (0)5 62 94 51 05

→ La Cité Saint-Pierre

Place welcoming families and people in great difficulty (branch of the Secours Catholique). Free visit.

Avenue Monseigneur Rhodain Tel. +33 (0)5 62 42 71 11 reservations.csp@secours-catholique.org

ACCOMPANIMENT FOR ALL

In 2019, Lourdes is celebrating the 175th anniversary of the birth of Bernadette and the 140th anniversary of her disappearance. It will be «a Bernadette year» featuring an events calendar built around the important dates in Bernadette's life.

New in 2019:

Veneration of the Relics of Saint Bernadette after International Masses, on Wednesdays and Sundays from noon to 2pm in the Grotto

- \rightarrow Find out about our guided routes:
 - Bernadette's footsteps;
 - Pilgrim for a day;
 - Close to heaven;
 - «Bernadette Year» special Information:

Sanctuary Information Centre Tel.: +33 (0)5 62 42 20 08 saccueil@lourdes-france.com

→ Bernadette's Little House

A wide range of games and activities is offered to children to discover Lourdes' Message. Children aged 2 to 12 years accompanied by an adult. Open every day during school holidays (closed on Sunday mornings).



\rightarrow Sayings of the rosary

Grand-parents, parents and children can share a moment of communion with rosary prayers. Wednesdays at 3.30 pm during French school holidays. Tel. +33 (0)5 62 42 78 38 sieunes@lourdes-france.com

\rightarrow Free videos

Videos to discover Lourdes and its message. One of these are suitable to young people.

«Lourdes, a spiritual jewel», Lourdes' message through Bernadette's life

Information Centre

65108 Lourdes Cedex - France Tel. + 33 (0)5 62 42 20 08 saccueil@lourdes-france.com www.lourdes-france.ora

Open every day:

From April to October, from 8:30am to 12:15 pm and from 1:45 pm to 6:30pm. From November to March, from 9 am to noon and from 1:30pm to 5:30pm.



Opening times:

from 10 am to 6 pm.

and December 25.

evervdav.

Prices:

- Adult: 7,50€

- Family fare:

From January 2nd to April 14th and from October

15th to December 31st: from Tuesday to Sunday

From April 15th to October 14th:10 am to 7 pm

- Child (6 to 17 years old), Students: 3,50€

- Additional child (6 to 17 years old): 3,50€

- Person with reduced mobility: 2€

2 adults + 1 child from 6 to 17 years old: 16€

Closed on January 1, November 1, November 11,

Ticket office closed 1 hour earlier.

EXPLORING LOURDES

TOURISTIC SITES AND ACTIVITIES IN LOURDES

THE FORTIFIED CASTLE AND (5, **) **ITS PYRENEAN MUSEUM** PASS2L

25, rue du Fort Tel. +33 (0)5 62 42 37 37 chateaufort.museepyreneen @ville-lourdes fr

www.chateaufort-lourdes.fr

Built on a rocky peak and listed as a "Historical Monument", Lourdes fortified castle dominates majestically the Marian city. Legacy of a medieval past linked to the legendary Charlemagne, it hosts the Pyrenean Museum.

An unavoidable site to discover. not only the traditions from the mountains, but also the history of the castle. From up there, the panorama over the city, the Sanctuary and the Pyrenees is simply breathtaking.

Do not forget your camera!

THE PIC DU JER FUNICULAR

PASS2L



59, avenue Francis Lagardère Tel. +33 (0)5 62 94 00 41 picdujer@ville-lourdes.fr www.picdujer.fr

The Pic du Jer that overlooks the town can be recognised by its big cross, which is lit up at night. You can reach it by taking a hundredyear-old funicular, which will take you to the top at an altitude of 1000 metres in a few minutes. It is also the starting point of a beautiful hiking botanic trail, offered by the guide, Hélène.

Served by the city bus (line A1-S4) and the Touristic Train (in season).

Opening times:

From mid April to 6/07 and from 10/09 to 4/11 from 9:30 am to 6 pm. Last cable car up: 5:15 pm From July 7th to September 9th: 9:30 am to 7 pm: last cable car up: 6:15 pm Guided tour of the caves at the top.

Prices:

- Adult: 12,50€, one-way ticket: 10€ - Child (6 to 17 years old), Students: 10€, one-way ticket: 9€

- Family fare:

2 adults + 1 children from 6 to 17 years old or 1 adult + 2 childrens from 6 to 17 years: 30€ Additional child: 10€





PASS21

REDUCED TICKET CASTLE + PIC DU JER

on sale at the Tourist Office, the Fortified Castle or the Pic du Jer https://reservation.lourdes-infotourisme.com **ADULT PRICE:** 17€ **CHILD PRICE:** 12,50€ **STUDENTS**: 12,50€

FAMILY FARE: 41€ at 17 years) ADDITIONAL CHILD: 12,50€

It is valid for one year and if you have not enough time to



EXPLORING LOURDES

TOURISTIC TRAIN

Place Monseigneur Laurence Tel. +33 (0)7 69 15 91 75 www.lourdespass.fr

through the old streets, the uptown area and its monuments. On this journey you will be able to get off and visit a variety of touristic sites of Lourdes.

Opening times:

From February 9th to 11th: every day. From April 14th to October 15th every day from 9.30 pm to 11.30 pm (every 30 min), and from 1:40 pm to 6 pm (every 20min). Departing from St Joseph's Gate.

LOURDES PASS

Prices: Adult: 7,50€ Child (from 4 to 12 years old): 4€





MUSÉE DU PETIT LOURDES 🕭 🏶 68, avenue Peyramale

Tel. +33 (0)5 62 94 24 36 lepetitlourdes65@orange.fr www.musee-lourdes.fr

The Petit Lourdes was first open in 1954. It takes you back in time on Bernadette's footsteps and makes you discover the genuine history and fondation of Lourdes in 1858. Walk in nature, admire its old masonry houses, its rivers, and its old mill's rebuilt in a pleasant garden, full of flowers and bonsais.

Opening times:

From February 9th to 11th and from April 1st to October 15th from 9 am to 6.30 pm every day. Served by the Touristic Little Train during the season. July and August: educational games during the visit.

LOURDES PASS

Prices: Adult: 7.50€ Child (4-12 years old): 4€ Student: 6€ Person with reduced mobility: 5€ Family (2 adults + 2 children from 4 to 12 vears old): 19€

THE WAX MUSEUM

87, rue de la Grotte Tel.: +33 (0)5 62 94 33 74

www.musee-de-cire-lourdes.com

18 scenes and over 100 life-sized wax characters presented by the decorators of the prestigious Musée fascinating story of Jesus Christ and Bernadette's life. A visit which will satisfy the most sceptical.

Opening times:

From February 9th to 11th and from April 14th to October 20th, everyday from 9:30 am to 11:45 am and from 1:45 pm to 6 pm. Open at 10 am Wednesdays and Sundays. Served by the Touristic Little Train.

LOURDES PASS

Prices:

Adult: 8,40€, Child (6-12 years old): 4,20€ Youth (13 to 18 years old) and student: 5€ Family (2 adults + 2 children from 6 to 12):21€





G2DTOURS

33, boulevard de la Grotte Tel. +33 (0)5 62 94 53 71 Tel. +33 (0)6 86 41 21 87 contact@g2dtours.com www.g2dtours.com

Get on an unidentified rolling object, a Segway! Standing on a platform with two wheels, it is an unusual way to discover and visit the city. Guided tour, accessible to all.

Opening times:

From January 7st at December 28th every day Low season: advance booking required

Prices:

First time on a Segway: 10€/15min Nature ride: 49€/2h Hoverboard Rental with initiation to driving available.



Touristic Little Train + 2 partern museums:

Wax Museum or Petit Lourdes Museum. More information and selling point at the Kiosk near St Joseph's Gate and the Tourist Office.

ADULT PRICE: 19€ CHILDREN PRICE (6 to 12 years): 9,50€ FAMLILY FARE (2 adults + 1 children and free additional children): 47,50€

EXPLORING LOURDES

CHRISTHI MUSEUM

24, rue de la Grotte Tel. +33 (0)5 62 42 25 65 atelier.marie-m@sfr.fr

www.musee-christhi.com

Museum about ancient and popular imagery. Calligraphy and writing instruments are presented around four great steps (engraving, typography, lithography, chromolithography).

Opening times:

From January 1st to April 30th from 11 am to 6:30 pm From May 1st to December 31th from 10 am to 7:30 pm. All year. Opening on Thursday at 14:30 pm Closed on Sundays

Prices: Adult: 4€ Free for children under 12



MUSEUM OF EARTHQUAKE RISKS &

59, avenue Francis Lagardère Parking of the Pic du Jer Tel. +33 (0)5 62 34 25 83 maison.sismique@ville-lourdes.fr

Open to all. This unique prevention area in France and in Europe is articulated around models and an exhibition realised by the French Seismic Engineering Association. It promises a visit full of surprises. Not to be missed: the earthquake simulator.

Opening times:

From January 2nd to December 31st from Monday to Friday, from 9 am to noon and from 2 pm to 6 pm. Closed on bank holidays.

Price: Free

Adult: 7€ Child (3 to 10 years old): 5€ Person with reduced mobility: 5,50€

From April 22th to October 31st

Shows at 2:30 pm and 3:30 pm.

Opening times:

Prices:

BON'AIR FARM 🛃 💒

fred.lesfauris@orange.fr www.lafermedubonair.fr

Tel. +33 (0)6 74 68 09 25

At the forest border, in a green and peaceful setting, 6.5 km away from Lourdes, you will find a park full of farm animals (ponies, goats, rabbits, guinea pigs, poultry...). You will be able to admire pets for your children's great pleasure.

From May 6th to June 30th and from September 1st to November 1st: from 11 am to 6 pm on Wednesdavs, Saturdavs, Sundavs and bank

From April 20th to May 5th and from july 1st to

August 31th +: October school holidays every

LA FÉERIE DES EAUX 🖱 🏶

Tel. +33 (0)5 62 94 29 74

The Féérie des Eaux offers a unique

sound and light show with over 650

water jets, 3 km away from Lourdes.

70, avenue des Pyrénées

RN 21 - 65 100 ÁDE

Route de la Forêt

Opening times:

day from 11 am to 6 pm.

Free for children under 2.

holidays.

Prices: 6€

CASTLE + PIC DU JER LOURDES : CHANGE YOUR POINT OF VIEW

*ON SALE: TOURIST OFFICE – CASTLE – PIC DU JER PASS AVAILABLE ONLINE: https://reservation.lourdes-infotourisme.com

1 PASS FOR 2 ATTRACTIONS CASTLE + PIC DU JER



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CULTURAL LOURDES







CULTURAL LOURDES

BERNADETTE'S FOOTSTEPS DISCOVERY ROUTE Step into Bernadette's history

LOURDES was just a small village of 4,000 inhabitants pressed against the foothills of the Pyrenees and nestled at the foot of its castle, when the Virgin Mary appeared to Bernadette Soubirous on February 11,1858.

Today, we invite you to wander through the streets of Lourdes and discover the places that influenced Bernadette's life. Following in her footsteps at your own pace, you will get a better understanding of her history and that of the Marian city, from the 19th Century to the present day. From the Boly Mill where she was born, to the Grotto where the Apparitions took place in the heart of the Sanctuary, Lourdes still resounds with the delicate footsteps of Bernadette

Soubirous. A beautiful, fascinating stroll for all ages.

BERNADETTE SIGHTS AROUND THE TOWN

BERNADETTE'S FATHER'S HOUSE (Moulin Lacadé)

2, rue Bernadette Soubirous Tel. +33 (0)5 62 94 22 51 Bernadette Soubirous' parents' house (water mill, kitchen, Bernadette's bedroom, objects, photos, etc.).

Opening hours :

09/02 to 12/02 and 13/04 to 31/10, daily from 9.30 am to 12.15 pm and 2.15 pm to 6:30 pm. Admission: 2€ (from 10 years old)

MOULIN DE BOLY C.

12 rue Bernadette Soubirous Saint Bernadette's birthplace.

Opening hours Open daily:

1/04 to 27/10:9am-12pm/2pm-6.30pm 1/01 to 31/03 and 28/10 to 31/12:3pm-5pm French school holidays: 10am-12pm/3pm-5pm Free access.

LE CACHOT 🖑

15 rue des Petits Fossés The one-room dwelling (former prison) where Bernadette and her family lived at the time of the Apparitions.

Opening hours : Open daily:

1/04 to 27/10:9 am-12 pm / 2 pm-6 pm 1/01 to 31/03 and 28/10 to 31/12:3 pm-5 pm French school holidays:10 am-12 pm / 3 pm-5 pm Free access.

CHURCH OF THE 🛃

Place de l'Eglise Contains the font where Bernadette was baptised and the tomb of Abbot Peyramale in the Crypt.

ERNELLE DE S' BERNADET

Opening hours:

baptismal funds accessible every day: from 8 am to 7 pm. Free access Closed for building work.

HOSPICE SAINTE-BERNADETTE

Hospital center - 2, av A. Marqui Hospice. Where Bernadette took her first communion.

Opening hours:

Open daily: 1/04 to 27/10:9 am-12 pm / 2 pm-6 pm 1/01 to 31/03 and 28/10 to 31/12:3 pm-5 pm Only during school holidays

BARTRÈS

Bartrès is one of the sites that is most evocative of Bernadette and her era. The village lies on high land just North of Lourdes. When she was ten months old, this is where Bernadette was fostered by Marie Lagües for eighteen months. She returned there for a while during the summer of 1857, just before the Apparitions (in February 1858). Nowadays, a footpath offers a peaceful walk to Bartrès, away from the road (information at the tourist office).



CULTURAL HERITAGE

2, rue de l'Hôtel de Ville

The current city hall is composed of three bourgeois houses from the early 20th century. In 1942, the City of Lourdes bought the «Villa Roques» to Mrs Roques, the «Villa Gazagne» to Mr Gazagne in 1989, and in 1994, the «Villa Rachel» to Mr Picot.

Don't miss the white garden, a fine example of the skill of the municipal gardeners, which has earned Lourdes '3 Fleurs' Floral Town status.

THE MARKET PLACE

Place du Champ Commun

Inspired by Victor Baltard, the Market Place was inaugurated in 1900 and comes from the so-called «Marché de la Pierre» in Toulouse. It is the perfect illustration of an end 19th century's cast-iron architecture. Recently renovated, it now also shelters the «Médiathèque».

THE SOUM CASTLE Rue Edmond Michelet

Originally named «Villa Fournau» and then renamed «Soum Castle», this castle was built by the Lourdes-born architect Jean-Marie Lacrampe for the Fournau family (a former hotel-owning family) in the early 1900. It was then bought by Mrs Suberville who then sold it to the City of Lourdes following the Second World War.

THE GARNAVIE TOWER Rue du Garnavie

The «Guigne Tower», also known as the «Garnavie Tower», is the last remaining piece of the towers and city gates, which went up to a dozen in the 17th century. This tower was built in the 13th century. It is the perfect example of this era's Pyrenean military buildings, and reminds us, thanks to its ancient architecture, of the numerous regional signal towers. This monument is registered to the Further Inventory of Historical Monuments since 1946.

THE FOUNTAINS 🕭

Lourdes still owns numerous remains of its past. The fountains are the perfect example of the built heritage of our city. The oldest of them all is undoubtedly the three-hole fountain, authenticated by the city archives since the Middle-Age. This fountain, which is located rue de la Fontaine, was supplied in water by a spring situated underneath the medieval castle.

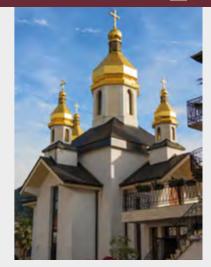
Later, in the 19th century, other fountains were built in the city centre. Anselme Lacadé, who was the Mayor when the Apparitions occurred, had some built: The Marcadal fountain (Place du Marcadal), the Porche fountain (Avenue du Général Baron Maransin, on the left before the railway bridge). Along the streets, numerous other fountains can be seen, of which the Market's fountain (Place du Champ Commun), the Garnavie fountain (Rue du Garnavie), the Espenettes fountain (Rue des Espenettes) and the little Place Peyramale fountain.



THE PARISH CHURCH OF THE SACRED HEART

The current parish church was built between 1875 and 1903 to replace the Church of St Peter that was on the market square (now Place Peyramale), it was the church that Bernadette Soubirous attended, it was destroyed by a fire in 1904.

The church contains items of interest connected with Bernadette Soubirous: the baptismal font where she was baptised on January 9th 1844 and the tomb of Abbot Peyramale, the parish priest at the time of the Apparitions.



THE UKRAINIAN CATHOLIC CHURCH

8, rue de l'Ukraine Tél 09 80 83 37 80 lourdes@ugcc.fr

The Ukrainian Catholic Church was consecrated in 1982. Built in a Neo-Byzantine style by the Ukrainian architect Myroslav Nimciv, it is identified by its five golden domes. Open to everyone, this place of worship belongs to the Greek Catholic Church of Ukraine.

It is the only Eastern Catholic church in Lourdes. With its architecture and frescoes, the church offers a window on spirituality and the Christian East culture. The polychrome decorations covering its walls, created by the famous Polish-Ukrainian painter Yuriy (Jerzy) Nowosielski, are striking modern interpretation of the Byzantine tradition. The monumental figure of the Mother of God in prayer, along with more than 60 figures of saints and prophets, are deeply inspiring while also fostering contemplation and meditation.

Opening times:

From 1/01 to 31/03 and from 1/11 to 31/12: open house from 10am to 12 pm and from 4pm to 6pm, or by appointment. From 1/04 to 31/10: open house from 7:30am to 8pm (no visits during services). Feel free to ring the doorbell.

PROGRAM 2019

LEISURE AND ANIMATIONS

ESPACE ROBERT HOSSEIN (5

Performance hall 19, avenue Alexandre Marqui Tel. +33 (0)5 62 94 08 35 From July 1st to October 27th Musical show «Bernadette of

MÉDIATHÈQUE DU PAYS DE LOURDES

Library, sound effects library, multimedia area Place du Champ Commun Tel. +33 (0)5 62 94 24 21 www.mediatheque-lourdes.fr

PALAIS DES CONGRÈS (5.

Avenue Maréchal Foch Square Charles de Gaulle Tel. +33 (0)5 62 94 16 34 Come stroll in this shaded garden also known as «Lime-tree Place» and, during the summer, witness folkloric shows which take place under the kiosk. Left of the kiosk is the former court building which now shelters the «Palais des Congrès» and the cinema «Le Palais».

CINFMAS

NATIONAL PROGRAMS

CINEMA LE PALAIS Square Charles de Gaulle Tel. +33 (0)5 62 42 27 97 www.lourdes.fr

CINEMA PAX (5. 7, rue Rév. Père Foucauld Tel. +33 (0)5 62 32 89 34 www.cinemapax-lourdes.fr

RELIGIOUS THEMATIC

CINEMA MAJESTIC

11. avenue Maransin Tel. +33 (0)5 62 94 07 73 cinema.majestic.lourdes@amail.com

www.cinema-majestic-lourdes.vze.com

For all information about the screenings, please contact the cinema.

Prices: Adult: 8€, Child (under 10): 4€

CINEMA BERNADETTE 6, avenue Monseigneur Schoepfer Tel. +33 (0)5 62 34 90 89 cinema.bernadette.lourdes@gmail.com http://cinema-bernadette.wixsite.com

"My name is Bernadette" Every day at 2 pm; 4:30 pm and 9 pm. In French, translation with headphones in Italian

*Subtitled in English, Spanish, German and Dutch

Accessible to persons with reduced mobility (50 seats).

Opening times: From April 3rd to October 30th

Prices: Adult 8€

Youth under 18 or Child: 6€ Person with reduced mobility: 6€ Group: 5€ (upon booking)

February 27th

Carnival of children

From 20th to March 30th Art and Cinema Festival

April 21th Trail of vultures

May 18th

European Night of Museums From 7th to June 9th

Go to the garden

June 23th Vélo For Kids Lourdes Tourmalet From July 13th to September 14th

Party terrace

FOCUS **BERNADETTE'S** YEAR

Cycle of conferences and lectures

One Thursday per month at 6pm. Program available at the Tourist Office.

Sacred music festival of Lourdes

www.festivaldelourdes.fr Ticketing Tourism Office

Musical comedy Bernadette of Lourdes

From July 1st to October 27th 2019 www.bernadettedelourdes.fr Ticketing Tourism Office and on www.bernadettedelourdes.fr

From 18th to July 21th

NightScapades Festival

From 16th to July 21th

Astronomy week

From 27th to July 28th

Eestive Craft

From 14th to Septemb<u>er 15th</u>

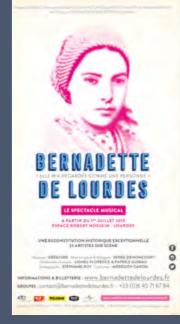
European Heritage Days

From 9th to October 24th

Artistic Literary Fortnight From 21th to October 26th

Lourdes Dance Festival November 30th

- Second edition of the Toqués d'Oc - Profane and sacred book fair



NATURAL Lourdes

LOURDES

LOURDES LAKE AND PEAT BOG

Lourdes lake, unknown sight of the Marian city just a few minutes from the centre, is a glacial lake. This peaceful, idyllic setting offers a range of outdoor activities, including walking, mountain biking, fishing and golf. The peat bog lying west of the lake has been part of the Natura 2000 network since 2006. This hostile-looking site is home to an impressive and distinctive array of plant and animal life, including false ringlets, one of Europe's most threatened species of butterfly, and sundew, a small carnivorous plant very rare in France. During high season, the lake is a gathering place for kayak, pedal boat and stand-up paddle lovers. If you are a little less

athletic, the lake is the perfect place to sunbathe or take a nap! You get all the benefits of the beach, with a view onto the mountains.

→ Canoe-kayak and Stand-up Paddling activities: with a certified instructor

(from April to October). Information at +33 (0)6 52 43 78 97

→ Pedal boats Information at "L'Embarcadère" restaurant

Tel. +33 (0)5 62 32 50 59

Useful information:

Located West of Lourdes, on the route to Pau via Soumoulou. Served by the city bus (Line A3).

LOURDES PYRENEES GOLF CLUB Chemin du Lac

Built in 1988, Lourdes golf course is located on the South bank of Lourdes Lake, in a wonderful setting: in the middle of a forest of resiniferous trees, looking down on the clear water of the glacial lake. The 18-hole par 72 course is 5,600m long and pleasantly hilly. This topography keeps the sportiness of the golf. Services offered: carts rental, practice of 18 covered booths on different storeys, putting-green, private or collective lessons and trainings supervised by a certified instructor. Catering available on site.

$\rightarrow \textbf{Club House}$

Tel. +33 (0)6 20 58 61 09 contact@lpgc.fr **www.lpgc.fr**

Opening times:

From 2/01 to 15/04 and from 1/10 to 31/12: every day from 9:am to 4:30 pm. From 16/04 to 30/09: every day from 8 am to 6 pm. (closed on December 25^{th} and January 1st)

WALKS AND HIKES

Looking for a walk or hike? The Tourist Office is here to advise you on the most beautiful itineraries, point of interest and suitable tours. From getting ideas to preparing your getaway, you will find trail guides and IGN maps of Lourdes and the surrounding valleys in our shop.



NATURAL LOURDES

THE AQUATIC PARK

This aquatic park, open all year long, is equipped with a 25m long stainless steel swimming pool, an educational pool with bubbles and massaging water jets, a wellness centre with a hammam, a Jacuzzi, two saunas, a relaxing area and three massaging showers. The outer part of the resort has a pool with a central island and its corridor for counter current swimming as well as a 20 sq.m. mineral beach, landscaped areas and a vegetal solarium.

Other activities are also available such as baby swimming classes, soft or tonic aqua-gym, aquabiking, aquajumping, and collective swimming lessons for children.



Avenue Alexandre Marqui Tel. +33(0)5 62 94 10 63 complexe.aquatique@sud-agglo-tlp.fr www.piscines.agglo-tlp.fr

BIKING

The Hautes-Pyrénées have become a great spot for biking around the world. Fourteen Pyrenean summits are now regularly used by the Tour de France: Tourmalet, Aspin, Peyresourde, Soulor...

A new website dedicated to it will help you know everything there is to now about biking in the Hautes-Pyrénées: maps, itineraries, schedule, accommodation, labeled service providers «ALTAMONTA, bike home

www.pyrenees-cyclo.com



Riding up the Hautacam

Hautacam-Tramassel has been a stage finish on the Tour de France several times. Around every corner, panoramic views of the Argelès Valley, Val d'Azun and the summits of Vignemale will spur you on as you toil towards the summit of this 14 km hors catégorie climb.





MOUNTAIN BIKING

Thanks to their geographical situation, Lourdes and its surroundings can offer you Numerous marked out trails starting from Lourdes, and its surroundings.

These circuits are part of the 'Altamonta MTB Zone'

Running through the Gaves Valleys region between Lourdes and Gavarnie in the heart of the Pyrenees, the Altamonta MTB Zone offers a wide variety of mountain biking trails and scenery in hilly and mountainous surroundings. From cross country to enduro and including family and electric mountain biking trails, there are more than 100 kilometres of routes in and around the valleys, with something for everyone. The Zone includes major tourist attractions, a bike park, the Pic du Jer World Cup Downhill course, enduro routes and a new mountain biking area at



Altamonta biking zone also features cycle- and mountain-biking-friendly accommodation

The

Gavarnie.

This 3D application of the Pic du Jer (in french only) will enable you to visualize the topography and orient yourself throughout the area. Walking and hiking itineraries are described step by step. Find out about the site's mountain-biking trails and many other activities (mobile orientation guide, integrated compass, geo-tracking, GPS, etc.).

App Store

Download the app «Pic du Jer»



The downhill route of the Pic du Jer has hosted numerous competitions since 1993, this trail is perfect for big thrill enthusiasts!

Located at 800m of the city centre and less than 2 km away from the train station, the cable car that will take you uphill to the starting point will be easily reached.

Make sure to enjoy the panorama on the Pyrenees, the Valley, the city of Lourdes and its castle, the Sanctuary and the lake before you make that big jump.

WARNING: protective gear compulsory. Starting point: the cable car's top station. Distance: 3 km (500m of downhill gradients) Average time: 30 min, much less for some! Unlimited day pass: 10 am to 6 pm: 20€/person Young (6 to 17 years included) and Students: 18 € (Season pass available on request). www.picdujer.fr





LOURDES, A HALT ON ST JAMES WAY TO SANTIAGO

Information centre 16. boulevard de la Grotte Tel. +33 (0)9 81 68 89 68 lourdescompostelle@gmail.com http://compostelle-lourdes.fr

Lourdes and Santiago de Compostela: two pilgrimage destinations around which the European history and culture deepened. Lourdes, great Marian city since the end of the XIXth century, is a major halt and meeting point for all pilgrims of the XXIth century who are willing to reach St lames's Sanctuary either in Galicia. Between those two essential sites of European spirituality, the centuries-old path pans the Pyrénees and shifts into the iberic peninsula, to Galicia. For a great number of Spanish people or for pilgrims from all around the world, the path can also be walked towards the Eternal City, the Papal City, Vatican in Rome.

Opening times:

Every day from April to October from 10 am to 7 pm.

Available for pilgrims:

- Informations for future pilgrims - Useful informations (backpack keeping service...) Or simply pleasure to share about the journey experience and pilgrimage

THE NATURAL RESERVE OF THE PIBESTE AOULHET MASSIF

The Pibeste Aculhet Massif is one of the first Pyrenean mountains we encounter upon arriving from the plains. When stolling on those medium mountain paths, you will find yourself in awe in front of Mediterranean plants, such as Montpellier maples, thyme, iasmine, ... You will also discover afforestations of beeches, chestnuts, or moors, for instance. The fauna is also very rich and diversified: (griffon vultures, Egyptian vultures, Jean Le Blanc circaète...), but also numerous mammals like the Corse mouflon. Explore its hiking itineraries with the topoguide «De bois en estives» (sold at in the Tourist Office). SIVU du Massif du Pibeste

Tel. +33 (0)5 62 97 14 55 reserve.pibeste@wanadoo.fr www.rnr-pibeste-aoulhet.com

THE HAUTACAM RESORT (25 km from Lourdes)

Accessibility, proximity, belvederes, leisure; those are the four words which describe best this mountain. Located in a splendid area, between forests and panorama, «Hautacam» is not only a winter sports resort but also a touristic venue which offers numerous activities all year round: mountain luge, devalkart, sherpa (mountain scooters), inflatables, rental of electric mini-quads, gyropodes or electric mountain bikes, hikes, cycling, mountain biking, paragliding, alpine skiing, cross-country skiing, snowshoe hiking.

Tel. +33 (0)5 62 97 10 16 www.hautacam.com

FISHING IN THE HEART OF THE PYRENEES

Last wild frontier where bears still live, run through by the «Gaves», «Nestes» and «Adours», the Hautes-Pyrénées offers unique fishing circuits in landscapes both magnificent and preserved.

More than 2500km of 1st category rivers, 220 mountain lakes, 22 of 2nd category bodies of water, around 187 km of 2nd category rivers.

The fishing guide, «Guide Pêche 65» is available for free at the Tourist Office. www.federationpeche.fr/65



NATURAL SPORTS

Enjoy numerous living waters, canyoning, caving and other activities near Lourdes in a rich and natural environment.

\rightarrow E.B.O

Tel. +33 (0)6 83 03 63 96 ericbarzu@gmail.com www.eboevent.fr

 \rightarrow Hautes-Pyrénées Sport Nature Impasse de la Pradette 65270 SAINT-PE-DE-BIGORRE (10km from Lourdes) Tel. +33 (0)5 62 41 81 48 sport-nature@hpsn.fr www.sport-nature.org

 \rightarrow FIFYE Tel. +33 (0)6 17 69 51 93 info@fifve.com http://www.fifye.com



TRADITIONAL RESTAURANTS

CASTEL RESTAURANT



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42, rue du fort TEL. +33 (0)5 62 94 30 50 www.hotel-castel-mirambel-lourdes.com From 1/01/19 to 31/12/19 From 11:30 am to 2:30 pm and from 6:30 pm to 10:30 pm (closed on mondays)

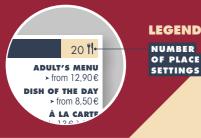
30 1 FORMULE **▶**14€ CHILDREN'S MENU

≻9€

80 1

≻12€

GOURMET LOURDES



NUMBER

SYMBOLS

Cheques

28

- Ø Restaurant coupons
- **CB** Credit Cards
- CV Holiday cheques

G **Dining Room accessible** to persons with reduced mobility

h Terrace

F PLACE	
ETTINGS	
	-
	<u>_50</u>

"Tourism and Handicap" Label: Restaurant with access to persons with disabilities (motor, visual, hearing or mental).





DA M

20, place du Champ Commun **ADULT'S MENU** TEL. +33 (0)5 67 45 53 56 Tapas bar À LA CARTE From 1/01/19 to 31/12/19, From 14€ to 19€ From noon to 2:30 pm and from 6:30 pm to 11 pm. Closed on Sundays

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RCO		80 1
	45, rue de la Grotte TEL . +33 (0)5 62 94 03 59 marc.dandre@wanadoo.fr www.damarco.fr Italian food/pizzeria From 2/01/19 to 31/12/19 From noon to 2 pm and from 7 pm to 10 pm Closed on sundays and mondays	ADULT'S MENU > from 17 € to 22 € CHILDREN'S MENU > 11 € À LA CARTE > from 10 € to 23 €

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65 **1**

> 10€

> 10€

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À LA CARTE

From 9€

ADULT'S MENU



From 1/04/19 to 31/10/19

FORMULE ▶ 9,80€ **CHILDREN'S MENU** ≻9€

A LA CARTE FROM > 10,50€

DISH OF THE DAY > 7,80€

PALACIC



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28, place du Champ Commun TEL. +33 (0)5 62 94 00 59 www.restaurant-lourdes-palacio.fr

Pizzeria From 1/01/19 to 31/12/19. from noon to 2 pm and from 7 pm to 10 pm Closed on Tuesday evenings and Wednesdays Closed from 16/08/19 to 31/08/19

ADULT'S MENU (lunchtime) From 13.50 € to 25 € CHILDREN'S MENU

45 **1**

>7€ **DISH OF THE DAY** > 8,50€

À LA CARTE > from 10€ to 25€

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16. avenue de la Gare TEL. +33 (0)5 62 94 38 18 reservation@hotel-beausejour.com www.hotel-beauseiour.com From 1/01/19 to 31/12/19 from noon to 2 pm and from 7 pm to 10 pm

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ADULT'S MENU From 16.90 € to 39 € **CHILDREN'S MENU** > 9.50€

DISH OF THE DAY > 10.90€

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LE PASSAGE



7, rue de la Grotte TEL. +33 (0)9 54 10 56 63 www.facebook.com / Le-Passage-Lourdes Open all the year, closed Syndays and Mondays, Continuous service,

À LA CARTE > from 8,50 € to 17 € CHILDREN'S MENU > 8€

DISH OF THE DAY From 9,50 € to 13€



TEL. +33 (0)5 62 41 47 87 opimentrouge64@orange.fr www.restaurant-piment-rouge.com From 2/01/19 to 31/03/19 and from 1/11/19 to 31/12/19 open from Thursday evening to Monday evening. Form 1/04/19 to 31/10/19 open every day except Tuesday nights and Wednesday.

SALON GOURMAND GALINA



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4 place, du Champ Commun TEL. +33 (0)5 62 91 50 25 From 1/01/19 to 31/12/19. from noon to 2 pm Closed on Sundays, Mondays and bank holidays

From 12€ **DISH OF THE DAY** ≻ from 9,50€

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12 place, Jeanne d'Arc **ADULT'S MENU** TEL. +33 (0)5 62 42 17 77 >18€ From 1/01/19 to 30/06/19 and from 01/11/19 to 31/12/19 À LA CARTE from 11:30 am to 3 pm and form 6:30 pm to 10:30 pm From 6€ to 15€ From 1/07/19 to 31/10/19 from 11:30 am to 4 pm and DISH OF THE from 6:30 pm to 10:30 pm. DAY Open from Friday to Sunday noon. Sunday lunch service > 10€ from 11 am to 4 pm CHILDREN'S MENU ≻7€

le van gogh

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CB T



16 place, Marcadal TEL. +33 (0)5 62 93 90 86 www.facebook.com/LeVanGoah65 From 14/01/19 TO 31/12/19 from 8 am to midnight. Closed on Tuesday evenings and Wednesdays.

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LE VERSA

AILLES		120 1
1111	11, avenue du Paradis TEL. +33 (0)5 62 94 00 04	A LA CARTE ≻ from 7€ to 25€
	thierrylacourrege@yahoo.fr	FORMULE FROM
- alle	From 1/01/19 to 31/03/19 and from 1/11/19	≻ 15€ to 19€
The same	to 31/12/19 from noon to 3 pm every day.	DISH OF THE DAY
and a	From 1/04/19 to 31/10/19 open every days	≻10€
	and continuous service all the day.	CHILDREN'S MENU ≻ 10€

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45 Î **ADULT'S MENU** > from 16€ to 29€

CHILDREN'S MENU > 9,50€

DISH OF THE DAY From 10,50€ to 12,50€ À LA CARTE

From 7 € to 29,50 €

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20 1 **ADULT'S MENU**

70

180

>10€

> 3€ to 20€

A LA CARTE FROM

DISH OF THE DAY

From 12€ to 18€

CHILDREN'S MENU

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BRASSERIES

CAFETERIA



5, avenue François Abadie **ADULT'S MENU** TEL. +33 (0)5 62 42 77 60 to volice state From 6,15€ www.e-leclerc.com CHILDREN'S MENU From 1/01/19 to 31/12/19 from 11:30 am to 2:30 pm and from 6:30 pm to 9:30 pm. Closed on May 1st, December 25th and January 1st 🖃 🕼 📼 CV 🔥 🗊 🚯 🍫 🚜

WORLD CUISINE RESTAURANTS

RESTAURANT PIZZERIA AMALFI 75, rue de la Grotte RISTORANTE PUTTER

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TEL. +33 (0)5 62 46 32 10 hotelvesuvio@orange.fr http://www.hotelvesuviolourdes.com Italian food / Pizzeria From 15/03/19 to 20/10/19

From noon to 2 pm and from 7 pm to 10:30 pm

FIND ALL OUR RESTAURANTS ON THE WEBSITE WWW.LOURDES-INFOTOURISME.COM

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BRASSERIE LE TIME

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9, Sainte Marie

TEL. +33 (0)5 62 94 25 03

contact.hotelsaintsauveur.com From 1/01/19 to 31/12/19

www.hotelsvinuales.com

From 4,90€ to 17,90€

58 1

▶ 7.90€

ADULT'S MENU

CHILDREN'S MENU

▶ from 15,90€

250

▶4,90€

80 1

À LA CARTE

From 5€ to 25€

CAFETERIA LA VALLEE (Centre Leclerc)

GOURMET LOURDES



ASIAN DELICES

15, rue Sainte Marie TEL. +33 (0)6 26 10 21 91 Asign food of the Philippines country From 01/04/19 to 30/11/19. from 8 am to 11 pm Open Everyday.

E. ÷. WIF 223 GB

LE CARREFOUR CAFÉ



2, avenue Peyramale TEL. +33 (0)5 62 94 29 44 contact@carrefourcafe.com www.carrefourcafe.com Pizzeria From 12/04/19 to 10/11/19,

from 8 am to 1 am

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GANAPATHY

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LUNG-TA

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CV Ø

CHEZ LY



5, rue Baron Duprat **Tel.** +33 (0)5 62 45 68 31 ganapathylou@gmail.com Indian food From 1/01/19 to 31/12/19, from noon to 3 pm and from 7:30 pm to 11 pm all day from june to september

8, rue des quatre Frères Soulas

TEL. +33 (0)5 62 92 80 45

MC DONALD'S DRIVE



34, avenue Francois Abadie TEL. +33 (0)5 62 31 96 93 www.restaurant.mcdonalds.fr From 1/01/19 to 31/12/19, from 9.30 am (closed on December 25th)

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ADULT'S MENU From 4,95€ CHILDREN'S MENU

From 4€

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LE MIAMI CAFE		60 *1
	17, boulevard Roger Cazenave TEL + 33 (0)9 80 61 24 58 From 1/01/19 to 31/12/19	DISH OF THE DAY ≻ from 6,50€
	Open from 9 am to 11 pm (variable hours according to the affluence) Services from noon to 2:30 pm and from 7 pm to 10:30 pm	CHILDREN'S MENU ≻ 4,90€ FORMULE ≻ 10€

restaurantlungta@gmail.com www.restaurantlungta.fr Tibetan and asian food From 1/01/19 to 31/12/19, from noon to 13:45 pm and from 7 pm to 9:30 pm Closed Tuesdays and Wednesdays noon

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10. avenue de la Gare TEL. +33 (0)5 62 94 28 90

Asian food From 1/01/19 to 22/12/19 Closed on Sundays noon

From 12.90€ to 14.90€

30 1

>11€

96

ADULT'S MENU

From 18€ to 25€

> from 5€ to 13€

DISH OF THE DAY

À LA CARTE

À LA CARTE > from 5,10€ to 45€ CHILDREN'S MENU ▶ 10,10€





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FOR FAMILIES LOURDES, A FAMILY FRIENDLY





Morning:

Visit of the Sanctuary and the Grotto (p. 4 to 9).

Bernadette Space, dedicated to children. 20min projection of "Lourdes'

Message" (p.9).

Afternoon:

(picnic or at the restaurant).

Discovery of the site and walk on the trail around the lake (1 h) (p.22).

Or water activities (p.22).

9 pm: Constant Torchlight procession in the Sanctuary (p. 6).

Day 2

Morning:

We Visit of the city with the touristic train combined with WORDES PASS partner museum (p. 12 to 13). Or visit of the Museum of Earthquake Risks (p. 14). PASS22 Funicular trip up the Pic du Jer (p. 11).

Afternoon:

Relaxing pause at the Aquatic Park (p. 24).



Morning: Do not forget to go to the Market Place to discover and taste our local produce (p. 18).

Visit of the Fortified Castle and its Pyrenean Museum (p.10).

Servet Or discovery of the educational farm "Du Bon Air" in the late morning with an on-site picnic (p. 14).

Afternoon:

Drive to the Hautacam Leisure Park (mountain luge) (p.27).

Evening: Cinema (p.20).

Animations in the city (p.21).



Discovery of the Must-sees in Hautes-Pyrénées: Gavarnie, Pic du Midi de Bigorre or Cauterets-Pont d'Espagne (at least half a day per site) (p. 40).

STAY IN LOURDES

LOURDES DESTINATION PYRENEES INDEPENDENT EXPLORING

Get out and about in the surrounding Pyrenees with our circuits for independent exploring starting from Lourdes at https://blog.lourdesinfotourisme.com

If you prefer to go with a guide, coach trips are also on offer from April to October. Advance booking is required through the Tourist Office at

https://reservation.lourdesinfotourisme.com. You are staying in the region? You love discovering and being surprised? You thought that one day was enough to discover Lourdes? Think again!

Whether you are a family looking for adventure, a couple wanting to relax or keen on sport activities, we have prepared for you a list of ideas for activities* from 2 to 4 days.

*All of the suggested activities described in the pages of this guide are for information purposes only. Please ask the Tourist Office hostesses for more information.

©©©; sites open in season PASS21 The fortified Castle / Pic du jer LOURDES PASS { Touristic trains + partner museums

FOR THE SPORTY LOURDES, THE SPORTY





Day 1

Morning:

Visit of the Sanctuary with possibility to take part in celebrations and the "Bernadette's footsteps" circuit (p. 17).

Afternoon:

Gourmet break at a local producer's (ask for the list of producers at the Tourist Office).

Relaxation at the Aquatic Park (p. 24).



Morning: Funicular trip up the Pic du Jer (p. 11). Visit of the Caves and walk.

Afternoon:

Touristic trails in town by foot or gyropode and visit of the Fortified Castle and the Pyrenean Museum

9pm:

Sanctuary (p. 6).



Morning:

Second Visit of the city with the touristic train combined with a **LOURDES PASS** partner museum (p. 12 to 13).

Do not forget to go to the Market Place to discover and taste our local produce (p. 18).

Afternoon:

Data Lunch at the Lake of Lourdes and discovery of the site: walk around the lake or leisure activities (pedal boat, kayaking, stand up paddling in summer) (p. 22 to 23).



Morning:

Drive to the Hautacam Resort Park (p. 27).

Afternoon:

Discovery of the Hautes-Pyrénées "must-sees": Gavarnie, Pic du Midi de Bigorre or Cauterets-Pont d'Espagne (at least half a day per site) (p. 40).



Morning:

Hike on the Pic du Jer trail (restaurant in high season at the top or picnic) (p.11).

Afternoon:

Discovery of the city with a gyropode followed by a relaxing moment at the Aquatic Park (p. 13 and 24).



Morning:

Biking activities: mountain biking on marked trails, biking on the mythical mountain roads, cyclotourism on the Voie Verte des Gaves (p. 24, 25).

Afternoon:

Source Activities at the Lake or live water sports on the Gave de Pau (p. 22 to 27).



FOR COUPLES

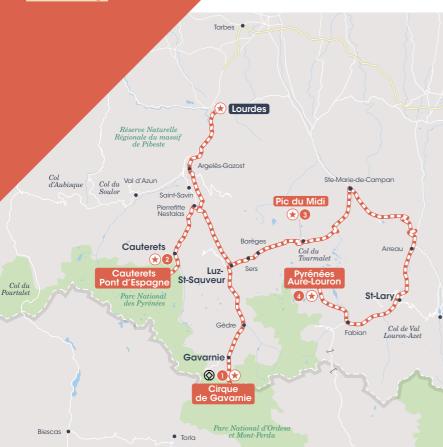
LOURDES, THE PASSIONATE

GRANDS

SITES Occitanie

MAJOR SITES IN OCCITANIE

We have selected for you the best of the Pyrenees. For one day or a longer stay, these venues are worth seeing.





«This is the most mysterious building of the most mysterious of all architects; this is a natural colosseum; this is Gavarnie», Victor Hugo said.

An impressive amphitheatre of a rare perfection: 5.5km diameter, 1,500m in height, topped with 17 peaks of 3000m altitude. Visit this monument, listed as UNESCO World Heritage, on the back of a donkey or a horse, or simply on foot...

Car park available in the town of Gavarnie, where the panorama on the Cirque is already spectacular. An easy 2 hours hike (back and forth) will allow you to reach the bottom of the Cirque.

More information on *valleesdegavarnie.com* Tel. +33 (0)5 62 92 49 10

 \rightarrow 50 km from Lourdes (1h15)

2 CAUTERETS-PONT D'ESPAGNE THE PYRENEAN EDEN

Cauterets-Pont d'Espagne is a gorgeous garden looked down on by the Vignemale, the highest peak of the French Pyrenees.

Fill your lungs with fresh scented air and open your eyes to the wonders of nature. Spy on marmots, meet Pyrenean chamois, stay in awe in front of the turguoise waters of the Lac de Gaube...

Please note: No need to be an experimented hiker, the Puntas cable car and the Gaube chairlift can be used directly, then the lake is only a 15min walk away. The way back down can be acheived either by foot or using the chairlift.

More information on *www.cauterets.com* Tel. +33 (0)5 62 92 50 50

 \rightarrow 40 km from Lourdes (36min)





The visit begins with a sensational trip in an aerial cable car. Atop this 2,877m peak, 750 sq.m of decks will allow you to contemplate an extraordinary view on the Pyrenees. This venue houses an observatory, a planetarium and an interpretation centre, but also offers a catering or snacking service for lunch every day.

New: Aerial passageway and Histopad

Access by cable car from La Mongie (4 km from the Col du Tourmalet). Schedule 2h to fully enjoy the visit. **Tip:** There are shuttle buses between Lourdes and the Pic du Midi fwice a day (4ε round trip).

More information on *www.picdumidi.fr* Tel. +33 (0)5 62 95 50 71

ightarrow 50 km from Lourdes (1h)

PYRENEES AURE LOURON UNIQUE IN EUROPE

CRANDS STES Occurrent

On the edge of the Pyrenees National Park and Spain, this Land of Art and History has something for everyone: natural resources, patrimonial treasures and traditional know-how. Two valleys, Aure and Louron, and 4 multi-season resorts: Saint Lary, Peyragudes, Piau and Val Louron. You can explore 46 villages in a protected environment offering a wide range of activities all year round: winter sports, and from spring onwards, mountain biking, cycling, trail running, white water and outdoor sports, climbing and hiking. The villages have managed to preserve their charm and Pyrenean identity. The region also boasts two natural reserves (Néouvielle and Aulon), four balneotherapy centres and one spa resort.

More information on www.pyrenees2vallees.com



USEFUL INFORMATION

ACCESS

BY CAR

A65 Highway Bordeaux-Pau and A64 Highway Toulouse-Bayonne: exit Tarbes-Ouest $(A64/N^{\circ}12)$ or Soumoulou (A64/N°11).

BY TRAIN

Lourdes Train Station 33, avenue de la Gare

www.oui.sncf

Paris-Lourdes in 5 hours: up to 4 connections every day there and back all year round. Train connections to Bordeaux, Toulouse, Paris and Bayonne.

BY COACH

Connections Flixbus and OuiBus https://www.flixbus.fr https://fr.ouibus.com

BY PLANE

 \rightarrow Airport Tarbes Lourdes **Pyrenees**

BP 3 - 65290 Juillan (10 km away from Lourdes) Tel. +33 (0)5 62 32 92 22 Fax +33 (0)5 62 32 93 71 lourdes.aeroport@edeis.com

www.tlp.aeroport.fr

- Paris Orly airport: 3 flights every day with HOP/Air France.
- London Stansted airport: 2 to 4 flights a week with Ryanair.
- Rome Ciampino: 2 flights a week from April to October with Ryanair.
- Rome Fiumicino: 2 flights a week from May to October with Albastar.
- Milan Bergamo: 2 flights a week from April to October with Ryanair. - Brussels: 2 flights a week from
- April to September with Tui Fly.
- Krakow: 2 flights a week from April to October with Ryanair.
- Dublin: 2 flights a week from April to October with Ryanair

- Malta: 2 flights a week form June to September with Air Malta
- Lisbon: 2 flights a week from April with Ryanair

Airport connections:

USEFUL INFORMATION

- County bus Maligne des Gaves (Line 2)
- Taxis at the airport.
- Car Rental: Arrival hall (level O) of the airport (Europcar, Hertz, Avis, Enterprise).
- Direct shuttles from the airport to Lourdes train station and av. of Paradis (from April to October according to the aerial correspondences).

→ Airport Pau-Pyrénées

64230 Uzein (located 50 km from Lourdes) Tel. +33 (0)5 59 33 33 00 Fax. +33 (0)5 59 33 33 05 contact@pau.aeroport.fr

www.pau.aeroport.fr

- Paris-Orly: 6 flights every day with HOP/Air France.

TRAFFIC AND PARKING

lourdes is a small town to discover on foot. In order to do this, numerous car parks are available to facilitate the access to the touristic sites.

FREE CAR PARKS

- \rightarrow Place Capdevielle
- \rightarrow Espace Robert Hossein
- → Boulevard du Lapacca
- \rightarrow Esplanade du Paradis
- → Avenue Hélios

PAYING CAR PARKS

- \rightarrow Near the Sanctuary
- \rightarrow In the city-centre
- \rightarrow Underground car parks Place de la Merlasse

COACHES AND MOTOR **HOMES PARKS**

 \rightarrow Arrouza car park Avenue Monseigneur Rodhain

- Paris-CDG: 3 flights every day with Air France and 7 to 10 flights a week from February 4th to March 3rd with Easylet.
- Lyon: 3 flights every day with HOP/Air France.
- Marseille: 9 weekly flights.
- Nantes: 9 weekly flights.
- Lille, Caen and Brest: 1 flight every saturdays from December to April with HOP/Air France
- Strasbourg: 1 flight every saturdays from November to April with HÓP / Air France
- Bastia and Ajaccio (via Bastia): flight/week every Saturday from June to September with HOP/Air France.
- Marrakech: 2 flights/week with Air Arabia Maroc.

Connections:

- Idélis Airport shuttle > Pau city centre > train station, from Monday to Saturday.
- Taxis outside the airport.
- Car rental (Avis, Hertz, Europcar, Sixt, Enterprise).

Open from April 12th to October 30th 2019.

MONCITYBUS.COM

Tickets sold at the Tourist Office and the MonCityBus Kiosk Offices

\rightarrow Kiosk (from April 14th to October 31th)

Place Monseigneur Laurence Tel. +33 (0)5 62 94 32 96 N° vert: 0 800 100 329 citvbus@caralliance.fr

TAXIS

33, avenue de la Gare Place Monseigneur Laurence (in season) Tél. +33(0)5 62 461 461 Tél. +33(0)5 62 42 08 08

taxis.services.lourdes@wanadoo.fr www.alliance-taxis-lourdes.com www.taxisserviceslourdes.fr

→ Carrefour Market

INTERNET POINTS

MÉTÉO FRANCE

 \rightarrow Cyber Mini Market

51, rue du Bourg

Tel 0 899 71 14 15

www.meteofrance.com

County Direction of Social

Cohesion and Populations

Tel. +33 (0)5 62 56 65 65

 \rightarrow Consumers' service

Tel 0.5 62 42 76 30

Tel 0.5 62 91 38 94

www.carrefourlocation.fr

 \rightarrow Thomas Cook Dubau Voyages

dubau.voyages@wanadoo.fr

Tel. +33 (0)5 62 91 66 87

EMERGENCY SERVICES

-> European Emergency Number Tel 112 or 18

\rightarrow Hospital

2, avenue Alexandre Marqui Tel. +33 (0)5 62 42 42 42 Tel. 115 (Samu Social) Tel. 15 (Samu)

\rightarrow On-duty Doctors and Pharmacies

(Sundays and bank holidays) Tel. 39 66 (Allo Docteur)

\rightarrow Police Station

7, rue Baron Duprat Tel. +33 (0)5 62 42 72 72 or 17 (gendarmerie)

\rightarrow Local police

48 Avenue Foch Tel 05 62 44 67 87

\rightarrow French Red Cross

54, rue du Bourg Tel. +33 (0)5 62 94 13 65

\rightarrow Dialysis Centre 43, avenue de Sarsan

Tel. +33 (0)5 62 94 26 25

\rightarrow Poison Control Centre Hôpital Purpan (pavillon Louis Lareng) Place Docteur Baylac 31000 Toulouse Tel. +33 (0)5 61 77 74 47

18, rue Ampère - Z.I. Saux Tel. +33 (0)5 62 92 17 98

 \rightarrow Cazaious 8, rue Jean Bourdette Tel. +33 (0)5 62 42 29 29

SERVICES **CITY HALL**

2, rue de l'Hôtel de Ville Tel. +33 (0)5 62 94 65 65 www.lourdes.fr

POST OFFICE

1, rue de Langelle 31 av. Général Baron Maransin 5 av. François Abadie (point of contact in the Leclerc center), from Monday to Saturday: from 8:45 am - 8 pm

Tél 36 31

LOST AND FOUND

 \rightarrow City Hall 2, rue de l'Hôtel de Ville Tel. +33 (0)5 62 94 65 65

 \rightarrow Sanctuary Our Lady of Lourdes Tel. +33 (0)5 62 42 78 78

LAUNDROMAT

 \rightarrow Laverie Wash 55/57, rue du Bourg Tel. +33 (0)5 62 91 66 87

\rightarrow Laverie Lav'wash 42, place du Champ Commun automat-7/7 from 7 am to 10pm

 \rightarrow Lux Laverie 6, rue Capdangelle Tel. +33 (0)6 03 54 57 82

BIKE RENTAL

 \rightarrow Bike & Py Mountain bikes, Enduro, Road Bicycles - Electricalmountain bikes 16, esplanade du paradis Tel. +33 (0)6 08 24 80 51 info@bikeandpy.com

\rightarrow Cycles Hubert Arbes

Road Bicvcles 10, avenue François Abadie Tel. +33 (0)5 62 94 05 51 cyclesarbes@orange.fr

\rightarrow Vélo 65

51, rue du Bourg Tel. +33 (0)5 62 91 66 87 arobase65@orange.fr

\rightarrow Bike Rental Tour

Tel. +33 (0)6 65 37 10 10 bikerentaltour@gmail.com

\rightarrow Universal Wheels

Bikes+ electrical scooter and mountain bikes Hôtel Ste Rose Cycles 17. rue Ste-Marie Tel. +33 (0)6 47 16 70 28

CAR RENTAL

 \rightarrow Avis Gare SNCF Tel. +33 (0)5 62 42 12 97 (May to October) www.avis.fr

\rightarrow Centre Leclerc

5. avenue Francois Abadie Tel. +33 (0)5 62 42 77 77 www.location.leclerc

\rightarrow Europcar

Gare SNCF Tel. +33 (0)5 62 56 33 83 (April to September)

→ Rent a Car

Maison du Pèlerin 12, av. Général Baron Maransin Tel. +33 (0)5 62 94 04 11 lamaisondupelerin@selectour.com

\rightarrow Trans'Hand

(car rental for disabled person) Tel. +33 (0)7 82 23 32 34 asso.transhand@orange.fr www.transhand-65.fr

10, rue Amiral Courbet 65000 Tarbes ddcspp@hautes-pyrenees.gouv.fr

CASH DISPENSERS

28, av. Bernadette Soubirous Tel. +33 (0)5 62 92 98 18 Mobile +33 (0)6 71 55 30 16 open from Feb 1st to Dec 15.

TROUBLESHOOTING

\rightarrow APR Service 24h/24h



DDCSPP

Protection

 \rightarrow Lourdes Change





- **f** Facebook www.facebook.com/lourdes.tourisme
- Twitter twitter.com/TourismeLourdes
- Instagram www.instagram.com/tourismelourdes
- You Tube www.youtube.com/TourismeLourdes

Share your views with #Lourdes2018 and #TourismeLourdes

Book your stay or visit/activity on https://reservation.lourdes-infotourisme.com

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TOURIST OFFICE OF LOURDES

Place Peyramale - 65100 Lourdes - France TEL. +33 (0)5 62 42 77 40 / FAX. 05 62 94 60 95 info@lourdes-infotourisme.com www.lourdes-infotourisme.com

OPENING HOURS

OPEN ALL YEAR ROUND Mondays open at 9:15am

From 1/01 to 31/03 and from 1/11 to 31/12

From Monday to Saturday (except on bank holidays): 9 am to noon / 2 pm to 5:30 pm

From 1/04 to 30/06 and from 01/10 to 31/10

From Monday to Saturday: 9 am to 12:30 pm / 1:30 pm to 6:30 pm (6 pm in October) On Sundays: 10 am to 12:30 pm. Bank holidays: 10 am to 6 pm (except October)

From 1/07 to 30/09

From Monday to Saturday: 9 am to 7 pm (6:30 pm in September)

On Sundays in July, August and on bank holidays 10 am to 6 pm

> On Sundays in September 10 am to 12:30 pm





